

Neurodiverse

Study Sessions

# How can we make education more neuroaffirming?

Let's continue  
the conversation  
on Padlet

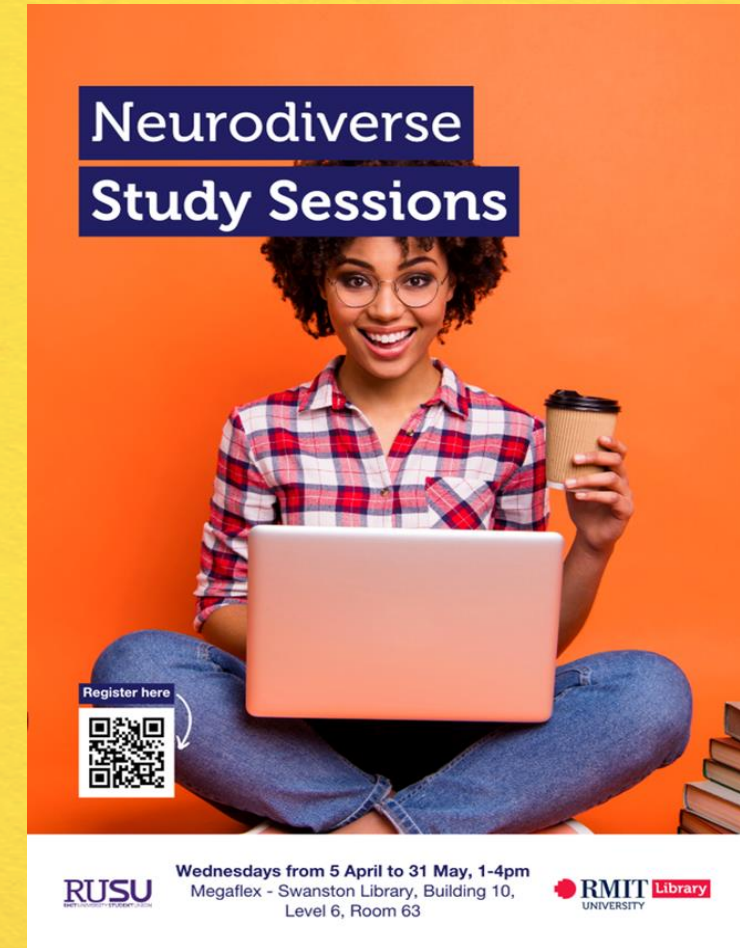


# Neurodiverse Study Sessions

## Why run the sessions?


- Safe space
- With my people / with my community
- Let go of having to mask
- A need for body-doubling
- Reduced sensory stimuli = better focus
- Less exhausted

“For some, these resources are as fundamental as ramps & elevators, glasses, hearing aids, internet access, drinking water, computers and the library.”



**Neurodiverse Study Sessions**

Register here



**RUSU** Wednesdays from 5 April to 31 May, 1-4pm  
Megaflex - Swanston Library, Building 10,  
Level 6, Room 63

**RMIT Library**  
UNIVERSITY

# Neurodiverse Study Sessions

## The sessions

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- Blue noise
- Dimmed lights
- Snacks & sensory toys
- Pomodoro technique
- Desks around the outside
- Social time
- Study Support
- Structure of session clearly communicated



# Neurodiverse Study Sessions

## The future

- **Continuing to work as a multi-team program**
- **BAU – the Library is committed to ensuring that neurodiverse students have a space**
- **A space? Watch this space. Whispers of a dedicated space(s)!**
- **8-week program 2022/2023. Can we do better in 2024?**
- **More training for staff on accessibility/inclusion/diversity**

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